## **Knowle West Health Park Company**

## **Overview Service Monitoring**

1 April 2014 to 31 March 2015



This sheet provides details of the total number of people using all services/ activities provided by or on behalf of the Knowle West Health Park Company.

Number of individuals using services in the period:				
Number of new people registering in the period:				
Total number of attendances (by all inc	dividuals):	14357		
Total number of services offered (one to one & group):				
Total number of sessions offered (one to one & group):				
Source of referrals				
Self referred (723) Health visitor/midwife (35) School (34) GP/doctor (27) Social Services (26) Childrens Centre (9)	Family support w Other KWHPC se Barnardos (4) Other – not spec	services (5)		
Health checks (9) Other local organisations (6)	Other sources of referrals (less than 1%) Early Help, Criminal Justice System			
Average attendance per group:		7		

## Signposting and referrals on:

**Uptake of one to one services:** 

Learning/Educational courses(35)	FoF: Making changes(7)
FoF: 1:1 counselling(29)	Seated Exercise classes(3)
Waist Watchers(29)	Health Trainer(3)
Parenting courses(19)	Physical activities(3)
Fit and Fab(16)	Community Paediatrician(3)
Art Group(16)	
Smoking cessation(16)	Penny Brohn(2), Tai chi(2), Ear Acupuncture(2),
Pathways to Health(15)	Psycho-educational courses(2), The Park(2), Job
Mellow parenting(15)	Club(2), CAMHS

74%

## Other signposting and referrals:

\*Filwood Hope \*Health Champions \*Confidence Course \*Thyroid Group \*Bread making \*Childrens Centre \*Young persons counselling \*LIFT Psychology \*DLA \*Music Therapy \*Simple Steps Group \*Play Therapy \*Couple counselling \*Alive and Kicking \*Knowle West Media Centre \*Health Visitor \*Housing support \*Early Help \*1<sup>st</sup> Response \*Safe Space \*Bristol Drugs Project \*Funded 2 year old place \*Baby massage \*Rock a bye \*Rethink

The following pages contained detailed information about the services provided by Knowle West Health Park Company.